



# Laurentian Regional High School

## École Secondaire Régionale Laurentian

### **Laurentian Regional High School (LRHS) Governing Board (GB) Activity Report for 2022-23**

#### **CHAIRPERSON'S MESSAGE**

On behalf of the Laurentian Regional High School Governing Board, I am very pleased to present our annual report for the 2022-2023 academic year.

Throughout this report, you will learn of the many successes and accomplishments of our students and staff and share in our pride for public education.

Although 2022 began with a continuation of the COVID protocols from the last couple of years, the situation gradually shifted. Last winter and this spring have brought our students and staff together to share, once again, the many experiences inside and outside the classroom that build lifelong memories for everyone.

While each year bring its own amount of challenge, we truly believe that our students' educational experiences are improved immeasurably by being with their friends and peers at school. This year has marked a long-awaited return to those days.

As always, we extend our sincere thanks to our passionate and dedicated staff who lead learning for our students and foster their success. We are also grateful to our administrative team for their ongoing support of students and their families, and to the many community volunteers who support and enrich our school each day.

As we look back on our accomplishments, we also look forward to working together to continue building confident learners and caring citizens who are proud to be LRHS!

Sincerely,

Cindy Angelini  
LRHS GB Chair

## **ABOUT US**

Laurentian Regional High School is dedicated in its desire to provide a positive and cooperative learning environment that promotes tolerance, self-esteem, respect for others and a strong sense of community. Students are encouraged to work and achieve to their full potential in both the academic and extra-curricular realms.

LRHS offers a wide range of programs to serve our diverse community of learners. In addition to the basic courses required for CEGEP entry, an enriched curriculum is provided in Mathematics. An impressive array of options is also offered in the Arts and Sciences to complement our core subjects.

The Governing Board consists of a maximum of 8 parents, 2 representatives from the community, 1 non-teaching staff, 1 representative from support staff and a maximum of 4 teachers. There can also be 2 student's representatives from cycle 2.

## MEMBERS

### **Parent Members**

Ms. Cindy Angelini, Chair (Term: 2021-2023)

Ms. Michelle Deslauriers, (Term: 2021-2023)

Ms. Chloée Alary, Parents' Committee Delegate(Term: 2022-2024)

Ms. Tracy Price (Term: 2021-2023)

Ms. Nathalie Szabo, Secretary Alternate (Term: 2022-2024)

Ms. Melissa Hadley (Term: 2022-2024)

Ms. Sarah Dandy (Term: 2021-2023)

Ms. Renée Kennette (Term: 2022-2024)

Ms. Jennifer Turcotte was elected to be a substitute parent representative on the board.

### **Staff Members**

Ms. Laurie Matthews, Teacher

Ms. Elaine Jetté Teacher

Ms. Daphne Petersen, Teacher

Ms. Kim Kasprzyk, Support Staff

## **Secretary**

Ms, Susan O'Keeffe

## **GB MEETING DATES**

The Annual General Assembly (AGA) was held on Thursday September 21st, 2022, at 6:00 p.m. via Zoom

The Governing Board (GB) Meetings were held through the Zoom application, all at 6:30 p.m. on the following dates:

Tuesday September 28<sup>th</sup>, 2022

Tuesday October 25<sup>th</sup>, 2022

Tuesday November 22<sup>nd</sup>, 2022

Tuesday December 20<sup>th</sup>, 2022

Tuesday January 31<sup>st</sup>, 2023

Tuesday March 28<sup>th</sup>, 2023

Tuesday April 25<sup>th</sup>, 2023

Tuesday May 23<sup>rd</sup>, 2023

Tuesday June 20<sup>th</sup>, 2023

The typical GB agenda featured status reports from the Principal, the Teachers, CLC, Parents' Participation Organization (PPO), and Parents' Committee (PC), as well as recurring reports on the School Budget and the Anti-Bullying Anti-Violence (ABAV) plan. Rentals, field trips and funding activities, are normally a usual part of the GB agenda, were addressed as needed. Attendance by non-GB members at these public meetings was possible by request.

The usual resolutions were taken: GB Rules & Procedures, Deeds of Establishment, School Code of Conduct, the School Budget (as limited to funding supplied for specific Ministry measures), the ABAV plan, School Fees, Subject Time Allocation, School Supplies List, Budget Building Recommendations (for the School Board Budget), Selection Criteria for a Principal, and school rentals (badminton, pickle ball, basketball, volleyball groups and summer camp).

**The CLC** was involved with a number of activities including:

- The students from the Diversity, Equity and Inclusion club completed the first set of workshops with the Canadian Center for Diversity and Inclusion and the See Different program .3 students earned the certificate and were invited to complete the second set of workshops.
- Diversity, Equity, and Inclusion Club set up a kiosk at lunch to raise awareness for World Human Rights Day (Saturday December 10, 2022). At the kiosk, students distributed t shirts that were made by our Secondary 3 Media English class. The themes of the t shirts were human rights, bullying, self-acceptance, body positivity, and LGBTQ+.
- The Breakfast Club is happy to say it stayed in full operation right until the last day of- exams.

### **Some of our Fundraising activities this year:**

- Terry Fox run
- Bake sale (to fund GSA team building field trip)
- LRHS Golf tournament - Lachute Golf Course (to fund students' extra-curricular activities, late day transportation services, and to support student life)
- Cheese Box Fundraiser (to fund the purchase of laptops and cart for our students)
- Christmas Basket Initiative (PPO) - (donations were used to make the food baskets given to our families in need.)
- Sec 5 Europe Trip Fundraisers – Bagging groceries / Chocolate sale / Wine raffle / Music night (All money raised went towards lowering the cost of the trip for the individual students in the class.)
- Cure Foundation Denim Day - All funds raised went towards helping to bridge the gap between healthcare and breast cancer patients.
- Dance Show – (funds went to help support the cost of the dance show, costumes and dinner for the dancers.)
- Haunted house fundraiser (all proceeds were given to a local foodbank in Lachute (Centre D'entraide D'Argenteuil).
- Grad fundraisers –Bake Sale /Freezie sale (all proceeds went towards lower the cost of prom tickets to or students.)

### **Some of our Field trips and events this year:**

- Golf Select Trip for the secondary 1
- Fact and Fiction went to the War Museum in Ottawa
- Quebec Trip for Secondary 3
- Ottawa trip for Secondary 2 Students
- Equestrian club members field trips -trail ride at Swiss Riding Academy in Lachute./ Extreme Cowboy activity at Rosemarie Huxted Equestrian Club in Ontario
- Ski Club members field trip – 4 outings at local ski hills
- WOTP trip to the Sugar Shack
- Dance students field trip – Nutcracker Ballet
- In school Halloween festivities -haunted house activity
- Students from the music program performed a Holiday concert, at our our feeder elementary schools, and at the end of the year for parents.
- Secondary 5 Fact and Fiction Class - Europe Trip
- Remembrance Day ceremony
- In school Holiday activities
- Teacher appreciation week activities
- Junior Hockey Tournament and Game
- WOTP Community Garden - once a week for a half-day,
- Secondary 1 and 2 attended - Romeo and Juliette Play
- Secondary 4 students attended - Once Upon a Mattress Play
- The Monster and Vilain group in secondary 4 went to an Escape Room.
- WOTP student's apple picking
- DP student's Montreal Science Museum
- Students' vs staff soccer game
- End of Year Music Concert

## **EDUCATIONAL PROJECT**

2023 marks the beginning of a 4-year cycle of the Educational Project that is always available for consultation on our website. This document is currently in construction. You can access the previous document [here](#).

## **ABAV PLAN**

In the 2022-2023 school year, continued to prioritize students' concerns about safety at school. We opened conversations that allowed students to elaborate on their concerns and share ideas for solutions. We shared the results of the Our School Survey with staff members to raise awareness of the need for more consistent intervention strategies when bullying is observed. We will also continue

to emphasize measures in place to address students' sense of belonging to alleviate

the high levels of anxiety that have been reported.

List of Actions and Initiatives to Maintain:

- Revision of supervision needs
  - Based on the results of the Our School Survey, our supervision needs have changed throughout the year. We added more interior supervision in the winter months because more students wanted to be active in the gym. After the snow melted, the supervision was moved back outside so that students could feel safe while playing in the school yard.
  - More supervision was added during unstructured time to supervise areas of the school which had become problematic for vaping and bullying. These areas were specifically chosen based on feedback from our supervisors, from the students themselves and from the anonymous answers from the Our School survey.
- Maintain a variety of ECAs to appeal to students who are disengaged
- Student mentoring programs (Girl Talk, The Gathering, GSA)
- CLC Requesting programs from the CISSS and other organizations
  - CALACS came to talk with the sec 2, 3, 4 classes about sexual aggression, sexual violence and consent
  - Tangage came to animate lunch time kiosks to discuss with all students' issues involving the effects of vaping and cellphones and the overuse of screens and screen time.

• Involving parents/guardians to support preventive measures

• Continued communication with parents/guardians

All information on the ABAV plan can be found

[https://lrhs.swlsb.ca/parent\\_info/anti-bullying-anti-violence-planplan-contre-lintimidation-et-violence](https://lrhs.swlsb.ca/parent_info/anti-bullying-anti-violence-planplan-contre-lintimidation-et-violence), and on our website.